

**PLEASE CONTACT THE PARISH OFFICE**  
**FOR INFORMATION ON ANY OF THE FOLLOWING:**

**Sacrament of the Sick**

- Available at this time only in danger of death.

**Marriages**

- Schedule an appointment to discuss your forthcoming marriage
- No wedding dates can be scheduled until after a meeting with the Pastor
- An approved pre-marriage course is obligatory

**Baptism** (Parents participate in a Baptism Preparation Class)

**First Communion 2021**

**Please contact Parish Office**

**Confirmation 2021**

**Please contact Parish Office**

**Rite of Christian Initiation for Adults - RCIA**

(Introduction to the Catholic Faith)

## Fasting and Abstinence from meat—Lenten practices

The Canadian Catholic Conference of Bishops has set out our obligation as baptised Catholics to undertake some form of penance, which is a practice by which we try to conform our minds and hearts to Christ's own self-giving out of love for us. The Bishops remind us that this obligation of penance "comes from divine law itself. However, to be joined in a common observance of penance, penitential days are prescribed in which the faithful in a special way pray, exercise works of piety and charity, and deny themselves by fulfilling their responsibilities more faithfully and especially by observing fast and abstinence from meat."

The Bishops advise us that Ash Wednesday and Good Friday are days of fast and abstinence from meat in Canada.

Each Friday during the year is a penitential day, and the general law of the Church is to abstain from meat each Friday; in Canada, however, "Catholics may substitute special acts of charity or piety on this day."

In practice, **abstinence** means not eating meat on the required days by everyone fourteen years and older.

**Fasting** means limiting oneself to one full meal during the day; other meals should not "add up" to another full meal. Those between 18 and 59 are obliged to fast (unless, of course, there are medical reasons that make it inadvisable).

**TWINNED PARISHES OF  
 ASSUMPTION AND RESURRECTION**

ARCHDIOCESE OF EDMONTON

**PASTOR: FR. PHILIP CREURER**

**PARISH OFFICE**

10555 50A Street  
 Edmonton AB T6A 2C8  
 (780) 468 4071 (780) 468 4081  
 ar.edm@caedm.ca  
 www.arparish.ca

**Office Hours: Mon—Fri: 9 am—4 pm**

**Bulletin for  
 February 21 to March 6, 2021**

**REGULAR MASS TIMES**

**Saturday**

4:00 pm Resurrection  
 5:30 pm Assumption

**Sunday**

9:30 am Assumption  
 11:00 am Resurrection  
 12:30 pm Assumption - Latin Mass

**PLEASE REGISTER FOR WEEKEND MASSES—SEE BELOW**

If you are aware of anyone in our parishes who would appreciate a phone call and who has been unable to attend Masses, please call the parish office: 780 468-4071. We are trying to arrange for contact with parishioners as we update our parish list. The pandemic has brought about many changes, and one of these has been the practical realization that our parish list is woefully out of date!

**CHURCH LOCATIONS**

Assumption Church is located at 9034 - 95 Avenue, Edmonton  
 Resurrection Church is located at 10555 - 50A Street, Edmonton

**SACRAMENT OF RECONCILIATION - CONFESSION** - by appointment only at this time

**Rosary** before Masses—at this time there is no Rosary

**Adoration each Thursday at Assumption:** 6:30 p.m.—7:30 p.m.

**PARISH STAFF**

Bus. Manager/Pastoral Assistant:  
 Trish Underwood  
 Accountant: Janette Kondra  
 Admin Assistant: Maura Usher

**PARISH CONTACTS**

Parish Council: Rob Taylor  
 Liturgy: Call office  
 Knights of Columbus: Dennis  
 CWL: Lorrie  
 St. Vincent de Paul: Hildegarde

**PLEASE REGISTER IN ADVANCE TO ATTEND WEEKEND MASSES**

Please register by telephone or in person at the office located in the Resurrection Parish (**there is no office at Assumption Parish**). Please call between 10 am and 2 p.m. Wednesday, Thursday & Friday to register.

**Registration will not be accepted by email or voicemail.**

**Registration is not required for weekday masses.**

**THE CHURCH WILL BE OPENED ONLY 15 MINUTES BEFORE EACH MASS**

# LENT

prayer • fasting • almsgiving

## Five Ways to Prepare for Lent

**Lent is a season of grace.** The joy of the Risen Lord at Easter will depend on how we live out this holy season of Lent. God's generosity has no limits, but we often fall short in giving God our whole hearts so that He can fill them with His love.

The following are five short suggestions on how we can live out Lent intensely, so that we can rejoice in the Risen Lord Jesus this year. Why not strive to live out this Lent as if it were to be the last Lent in your lives.

**Prayer:** Go deep in prayer this Lent; set aside more time to pray, a quiet place and a heart that is well disposed to communicate with Our Lord, God and Saviour. Here are a few suggestions: meditation of the Word of God. Take the Readings for the day of the Mass and dig deep. Ask Our Lady to help you in this journey that can help to transform your heart and your life.

The first Sunday of Lent the devil tempts Jesus to turn stones into bread and Jesus responds: "Man does not live on bread alone but on every word that comes forth from the mouth of God." Jesus expresses priorities here: first the Word of God and then the food for the stomach!

**Confession:** Lent is a time for conversion. The word in Greek is *metanoia*—which means a change of heart. Jesus touches us and heals us in a special way in the Sacraments but especially in the Sacrament of Reconciliation. Before going to Confession, why not read Luke 15, the Parable of God's mercy. Here we encounter the Parable of the lost and found sheep, the lost and found coin and finally the lost and found son; the Prodigal Son. Make a good confession in Lent and beg the Lord Jesus for a new and clean heart! Confessions: before each weekday Mass and by appointment: 780 468-4071; before the 4:00 p.m. Saturday Mass and the 9:30 Sunday Mass.

**Daily Mass:** In the Our Father one of the petitions is "Give us this day our daily Bread". During this time of pandemic, attending public Mass may not be advised, but we can still "attend" through live-streamed Masses and through a spiritual communion. The greatest gesture we can do in this world is to receive Jesus into our hearts in Holy Communion. "As the deer yearns for the running streams, so my soul longs for you O Lord my God." May we yearn, hunger and thirst for Jesus the Bread of Life!

**Charity:** *Acts of Love and Service.* Lent must be characterized by an attitude that translates itself into action through concrete gestures of service towards others. If I receive Jesus into my heart in Holy Communion, I should have an ardent desire to bring Jesus to others, especially those who suffer most—the lonely, the poor, the elderly, the abandoned, the forlorn, the depressed and dejected. Remember that these are the favourites of Jesus!

**Our Lady and Lent:** Mary was chosen by God to play a key role in the economy of salvation. God chose Our Lady to collaborate intimately in the work of our redemption and salvation. As Jesus hung on the cross, Our Lady stood firm at the foot of the cross offering Jesus to the Father as the spotless Victim for the salvation of all of humanity. Our Lady followed Jesus, step by step as he ascended Calvary; she was there when He was crucified; finally, she was there when he breathed forth His spirit into the hands of the eternal Father. May Our Lord walk with us and accompany us this whole Lenten Season, up to the celebration of Holy Week which culminates in the Glorious Resurrection of Our Lord and Saviour Jesus Christ.

Source: Fr. Ed Broom. OMV

### Mass Intentions for Feb 23– Mar 6 Assumption

Sun 21	9:30am	All Parishioners
Tues 23	9:00am	+Mary & Peter McElhatton
Wed 24	9:00am	+ Ernesto Lumague
Sat 27	5:30pm	Mary Ellen Nycholat
Sun 28	9:30am	All Parishioners
Tues 02	9:00am	+ Rudy Zenko
Wed 03	9:00am	Lilian Zenko & Family
Sat 06	5:30pm	+Mary McElhatton
Sun 07	9:30am	All Parishioners

### Mass Intentions for Feb 25—Mar 6 Resurrection

Sun 21	11:00am	All Parishioners
Thurs 25	9 :00am	+Mr Grassl
Fri 26	9:00am	+Jim Turner
Sat 27	4:00pm	+John & Madeline Fischer
Sun 28	11:00am	All Parishioners
Thurs 04	9:00am	+Susan McCulloch
Fri 05	9:00am	Ida Borchuk
Sat 06	4:00pm	Anna & Max Muzzolini (60th Wedding Anniversary)
Sun 07	11:00am	All Parishioners

### SSVP

**Assistance needed:** Due to the pandemic, the Society of St. Vincent de Paul is in need of the following items for the people we serve: Pots and pans, towels and tea towels, queen size sheets, teaspoons, wooden spoons, measuring spoons, teapots, coffee pots, potato peelers, soup ladles, lamps, shower curtains, and children's books and toys. If you are able to help, please drop off your donation at Assumption Church at morning mass or at the parish office. **Thank you for your help!**

Here are some interesting websites for the whole family that can help enrich your Lenten experience this year:

St. John Henry Cardinal Newman: Sermon for 1st Sunday of Lent:

<http://www.newmanreader.org/works/parochial/volume6/sermon1.html>

Family and Faith website:

<http://www.catholicfamilyfaith.org/lenten-season-resources.html>

Virtual 40 Day Lenten pilgrimage through the Holy Land:

<https://aleteia.org/2021/02/11/this-lent-take-a-40-day-virtual-pilgrimage-through-the-holy-land/>

CCCB Journey Through Lent:

<https://www.cccb.ca/evangelization-catechesis-catholic-education/video-resources/journey-through-lent/>

### Volunteers needed.

We are looking for a volunteer to fill the position of Decorating Co-ordinator for Resurrection Parish. This position would suit someone who has an artistic flair. We also have a position of volunteer Sacristan for Assumption Parish to be filled.

If you are interested please contact Trish at the parish office. 780 468-4071.